

Salsa Caliente Dance Studio

New York-style Salsa Syllabus

	Level 1	Level 2	Level 3	Level 4
Footwork	Forward & Back Basic Back rocks	Cuban Step Chord Beat Crossovers Suzy Q Uptown/Downtown 1-2-Suzy Q Toe Taps	Front Tap Back Tap Tightrope Front Double Cross Merengue Step 2 Corners Braid Step	Spiral, Double Spiral Side flares Leg Trap Syncopated front double cross Taca Taca Grapevine Reverse Grapevine
Technique	Posture Hand connection Arm tension	Turning/Spinning	Body movement: Hips Ribcage	Body movement: Shoulders Arms
Turns	Traveling 1/2 left	Traveling 1 1/2 Left Right Spot Turn Traveling 1 1/2 Right	Traveling 1/2 Right 1/2 Axle 1/2 & 1/2	Broken Left Hook Turn Axle Turns
Partnerwork	Basic step: Closed position Open position Cross Body Lead Open Break	Inside Turn: Shoulder lead Free spin Basic Right Turn: R hand Alternating Copa (1-handed) Outside Turn: Shoulder lead Free spin	Inside Turn (L hand) Open Break Right Turn: L hand R hand Crossed hands 2-handed Copa: Cuddle Double crossed Outside Turn (L hand) Walkthrough (L hand) Out of the Way Superwoman (shoulder/hip lead)	Inside Turn: Hair comb 2-handed Hammerlock Copa: Overhead Free spin Crucifix Outside Turn: R hand Crossed hands Traveling hammerlock Broken Left Turn Walkthrough: Window Hair comb Out of the Way: Basketball pass Switching hands 2-handed Hand toss Superwoman: Standard Cuddle Double crossed CBL Hook

Current as of 9/18/15

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